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# G. Bugs Press

P R E S S   R E L E A S E

**For Details, Contact:**

Jackie Jones	Sandy Nascimento	Karen Melnick
Author	Author	Author
(705) 458-4747	(705) 431-5387	(705) 721-4981
<a href="mailto:gbugs@rogers.com">gbugs@rogers.com</a>	<a href="mailto:i-journal@hotmail.com">i-journal@hotmail.com</a>	<a href="mailto:karen@healthandwellnessrecord.com">karen@healthandwellnessrecord.com</a>

## Local Authors Featured at SickKids signing

### Barrie, February 14, 2008

Three local ladies are taking their literary talents to Toronto. On Tuesday, February 19<sup>th</sup> from 8AM to 4PM, Sandy Nascimento of Innisfil, Karen Melnick of Midhurst and Jackie Jones of Thornton will be featured in a book signing at Sick Kids Hospital. Each author is as different as the books they created but all three have become the best of friends.

Sandy published "My Thoughts", an inspirational journal complete with poetry and pages to record defining moments, feelings and events. Melnick, a photographer and RN has leveraged her passion for pictures and knowledge of medicine to create "Your Children's Health and Wellness Record" – a page by page, ailment by ailment account of everything your child encounters to help medical professionals gain a better understanding of their health history. Lastly, Jackie Jones has written a children's book entitled "G-Bugs, Sam Meets Caterpillar Kaleb", which is the tale of a boy who meets a caterpillar with a limp that teaches all those he comes in contact with, the importance of acceptance and gratefulness.

The three friends act as sounding boards when exchanging ideas and are a great support system. "We are all at different stages with our books and we all learn from each other. What's even better is that we enjoy each others company and it hardly seems like work," says Melnick.

For those not wanting to drive to the city for an autographed copy, the three authors will be at the Barrie Public Library selling and signing in the evening of February 19<sup>th</sup>, from 7-9PM and at Chapters in Barrie on Saturday, February 23 from 2-4PM.

For more information on the books visit [www.healthandwellnessrecord.com](http://www.healthandwellnessrecord.com), [i-journal@hotmail.com](mailto:i-journal@hotmail.com) and [www.g-bugs.com](http://www.g-bugs.com)